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**MISS YOU, PAT: COLLECTED MEMORIES OF NY'S BRAVEST OF THE BRAVE, CAPTAIN
PATRICK J. BROWN (BY SHARON WATTS)
TO BE PUBLISHED OCTOBER 1, 2007**

Many Sides of Legendary Firefighter Illuminated In Arresting New Biography/Memoir

Beacon, NY (September, 2007) – **MISS YOU, PAT: COLLECTED MEMORIES OF NY'S BRAVEST OF THE BRAVE, CAPTAIN PATRICK J. BROWN** (ISBN: 978-1-4303-2704-2); trade paper; \$19.95) will be published by author Sharon Watts/Lulu Publishing on October 1, 2007. Brown, who was a legend in his own time and has become even more of a legend in the six years since his death (saving lives in the North Tower of the World Trade Center), has been featured on *Sixty Minutes II*, *Dateline*, *Extra*, and in the *NY Times Magazine*, *Time Magazine*, and *Yoga Journal*, to name just a few. He was also the subject of *FINDING PADDY*, a documentary film by Stephen McCarthy (distributed by Alfred Haber Distribution) which has aired as far away as Ireland and Australia, and numerous websites and blogs have been devoted to his memory. While he has been honored in several books about 9/11's "first responders," **MISS YOU, PAT** is the first book devoted entirely to Pat Brown.

Says Sharon Watts, author and Brown's former fiancée, "Pat was first and foremost a firefighter. But he was also a devoted student of yoga, a Black Belt in karate who taught the martial art to the blind, a boxer and Golden Gloves contender, a multi-time NYC marathon runner, and a true friend to virtually everyone who knew him. His fellow firefighters liked to say that he had a sixth sense when he went into a burning building; no matter how thick the smoke, he could find the survivors—even if they were unconscious—and pull them out. In the same way, he knew intuitively what the people around him needed. Pat had this incredible ability to say yes to anyone who needed help, even when they hadn't asked."

After he died, someone put a poster of Brown up in Grand Central Station, and people who knew him kept adding to it (notes to him, about him, pictures, poems) until it became a virtual shrine. Watching it grow and grow alerted Watts to the great number of people whose lives Pat had touched in addition to her own. So she decided to contact some of them, and when she realized that these people all felt not only that Pat had touched their lives but that he had actually changed them, she began to weave their first-person stories into her own narrative of knowing Pat Brown.

MISS YOU, PAT, however, is not a book about a saint. It is a book about a man who had to fight his own demons all along the way, even as he went to battle on behalf of others. Watts has taken great pains to find the right place for each of her contributor's stories, and held together as they are with her own story, the book is as riveting a read as any well-written biography, memoir, or inspirational guide.

MISS YOU, PAT will be included among the archives at the National September 11 Memorial & Museum at the World Trade Center, when it is completed. While **MISS YOU, PAT** illuminates the events of 9/11, author Watts emphasizes that it was written to appeal to general readers who enjoy reading biographies about important and complex personalities. Because Pat Brown exemplifies "heroism" in an age where sports figures and celebrities have forced to assume that role, Watts also intends to market the book to the educational system.

Proceeds from **MISS YOU, PAT** will be donated to Bent On Learning (www.bentonlearning.org), a not-for-profit program that brings yoga and meditation to New York City public schools and youth centers as a means of reducing stress, building self-esteem, and improving concentration and overall health.

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Editors, Producers: To receive a review copy of **MISS YOU, PAT: COLLECTED MEMORIES OF NY'S BRAVEST OF THE BRAVE, CAPTAIN PATRICK J. BROWN**, please contact Sharon Watts at 845-831-8168 or sharon.watts2@verizon.net. To arrange for an interview with Watts, contact Joan Schweighardt at joanschweighardt@mac.com or 505-884-3690